

Emerson Franklin Senior Services

CONGREGATE MEAL PROGRAM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	June 1	June 2	June 3	June 4
	<i>Chicken a la King</i>	<i>Fish</i>	<i>Fried Chicken</i>	<i>Roast Beef</i>
June 7	June 8	June 9	June 10	June 11
<i>Spaghetti & Meatballs</i>	<i>Beef Stroganoff</i>	<i>Lemon Chicken</i>	<i>MeatLoaf</i>	<i>Roast Pork</i>
June 14	June 15	June 16	June 17	June 18
<i>Stir Fry</i>	<i>Lasagna</i>	<i>Swiss Steak</i>	<i>Fried Chicken</i>	<i>Sweet & Sour Ribs</i>
June 21	June 22	June 23	June 24	June 25
<i>Cheese Burger & Fries</i>	<i>Chicken Stew</i>	<i>Fish</i>	<i>Shepard's Pie</i>	<i>Roast Turkey</i>
June 28	June 29	June 30		
<i>Sweet & Sour Meatballs</i>	<i>Pork Chop</i>	<i>B.B.Q.</i>		

Services to Seniors would prefer you sign up or call two days ahead and not the morning of the meal. Thank-you! Call Maria at home (204) 373-2890



Gift certificates are available at the Congregate Meal Program please contact Maria (204) 373-2890. Please note the menu is subject to change without notice.