

Emerson Franklin Senior Services

CONGREGATE MEAL PROGRAM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 3	May 4	May 5	May 6	May 7
<i>Pork Chops</i>	<i>Chicken a la King</i>	<i>Fish</i>	<i>Fried Chicken</i>	<i>Roast Beef</i>
May 10	May 11	May 12	May 13	May 14
<i>Spaghetti & Meatballs</i>	<i>Beef Stroganoff</i>	<i>Lemon Chicken</i>	<i>Fish</i>	<i>Roast Pork</i>
May 17	May 18	May 19	May 20	May 21
<i>Stir Fry</i>	<i>Lasagna</i>	<i>Swiss Steak</i>	<i>Fried Chicken</i>	<i>Sweet & Sour Ribs</i>
May 24	May 25	May 26	May 27	May 28
<i>Cheese Burger & Fries</i>	<i>Chicken Stew</i>	<i>Fish</i>	<i>Shepard's Pie</i>	<i>Roast Turkey</i>
May 31				
<i>Sweet & Sour Meatballs</i>				

Services to Seniors would prefer you sign up or call two days ahead and not the morning of the meal. Thank-you! Call Maria at home (204) 373-2890



Gift certificates are available at the Congregate Meal Program please contact Maria (204) 373-2890. Please note the menu is subject to change without notice.